

**HARROGATE HARRIERS**  
**YOUNG ATHLETES TRAINING GROUP NEWS**  
**NATIONAL JUNIOR LEAGUE REPORT**  
**1st MAY 2005**

Last weekend members of the Harrogate Harriers' **Imageco Visual Imaging** sponsored Young Athletes training group chalked up another first, in this their third track and field season, when a team travelled the short distance to Cleckheaton for the opening meeting in the **Pennine Division** of the **National Junior League**. The League is a direct follow on from the UK Young Athletes League catering only for the under 17's and under 20's age group and was designed to fill the gap between the Young Athletes and Seniors Leagues.

Over the course of the afternoon the Harriers competed exceedingly well against their more local rivals from Nestle Rowntrees York, Bingley Harriers, Spensborough AC., and Wakefield Harriers as well as Burnley AC., Bolton United AC and Trafford AC from across the Pennines. In the mens' section Harrogate placed an excellent third amassing 230.5 points between them whereas the ladies were fifth scoring 173 points.

Several personal best marks were set as well as club records. The most notable performances came from **Frank Beresford** in the 3000 metres, **Ashley Williams** in the javelin, **Tristan Laight** and **Hannah Brown** in their respective triple jump competitions and **Charlotte Donnelly** in the shot. Newcomers to club track and field athletics, **Marl Pettit**, **Frank Beresford** and **Matt Hallam**, collected valuable match points between them and are welcome additions to the squad. Unfortunately the club need more girls in the under 17's category to boost their chances of finishing higher at future meetings.

The full results for Harrogate athletes are as follows:-

**Fran Lyth** 3rd 100 metres A 13.7 secs., 4th 200 metres A 28.5 secs., 3rd 100 metre Hurdles A 20.1 secs.

**Hannah Brown** 5th 100 metres B 14.1 secs, 5th Long Jump A 4.17 metres, 2nd Triple Jump A 9.69 metres Grade 2.

**Sally Hudson** 6th 200 metres B 32.5 secs, 1st Discus B 21.39 metres, 1st Hammer B 18.05 metres, 3rd Javelin B 19.73 metres, 3rd Shot B 7.86 metres PB.

**Alex Culshaw** 7th 800 metres A 2.51.7 mins, 5th 1500 metres A 5.56.2 mins. CBP.

**Charlotte Donnelly** 2nd Discus A 25.58 metres Grade 4, 3rd Javelin A 26.77 metres Grade 4 PB CBP, 1st Shot A Grade 3 PB CBP.

**Katy Leigh** 6th Hammer A 19.20 metres.

**Sarah Shaw** 4th High Jump A 1.25 metres, 6th Long Jump B 2.77 metres, 4th Triple Jump B 7.33 metres.

**John Greenwood** 7th 100 metres A 12.5 secs, 7th 200 metres A 25.1 secs. PB =CBP.

**Mark Pettit** 4th 100 metres B 13.1 secs, 7th 200 metres B 26.0 secs. PB.

**Edward Clementson** 5th 400 metres A 54.0 secs, 3rd 800 metres A 2.09.3 mins.

**Chris Raske** 4th 400 metres B 59.3 secs., 1st 1500 metres B 4.42.9 mins PB.

**Scott Hubbocks** 3rd 800 metres B 2.25.4 mins PB, 4th Shot A 7.15 metres.

**Tim Wainwright** 5th 1500 metres A 4.42.0 mins PB, =5th High Jump A 1.50 metres.

**Frank Beresford** 3rd 3000 metres A 10.02.8 mins Grade 4 CBP.

**Matt Hallam** 2nd 3000 metres B 10.26.5 mins.

**Sean Rushton** 4th 110 metre Hurdles 19.9 secs., 3rd 400 metre Hurdles 63.9 secs Grade 4,  
1st Shot B 6.89 metres.

**Ashley Williams** 4th Discus A 25.25 metres, 3rd Hammer A 24.49 metres, 4th Javelin A  
40.64 metres.

**Tom Rushton** 2nd Discus B 19.66 metres, 4th High Jump B 1.40 metres, 2nd Hammer B  
13.94 metres.

**Tristan Laight** 2nd Javelin B 32.07 metres, 4th Long Jump A 5.27 metres, 4th Triple Jump A  
11.43 metres.

**Jack Merrell** 3rd Long Jump B 4.96 metres, 2nd Triple Jump B 10.38 metres.