

HARROGATE HARRIERS

YOUNG ATHLETES TRAINING GROUP NEWS

LEAGUE REPORT - 12TH JUNE 2005

A huge turnout of forty eight members of the Harrogate Harriers' **Imageco Visual Imaging** sponsored junior training group travelled to Scunthorpe's' Quibell Park track for their **second meeting** of the season in **Division One (East)** of the **Young Athletes League**. When the team arrived at the track there had just been a downpour of rain making conditions difficult for the athletes and causing all the sprint hurdles races to be cancelled. Despite that the Harriers performed extremely well **winning the match** by over seventy points beating Scunthorpe, Blaydon and Holmfirth. This was the team's first outright win in Division One after six consecutive second places.

Over the meeting **26 Graded performances** and **31 Personal Bests** were set by members of the team as well as **7 Club Records**. Of the graded performances three were of Grade 2 (regional level) standard and the athletes who produced these received Athletes of the Meeting T-shirts and when there are only four of these awards per meeting this was quite an achievement for the Harrogate young athletes. Congratulations to **Katherine Coupland**, **Lyle MacFarlane** and **Hannah Brown** who set the **Grade 2** marks respectively in the under 13's 1200 metres, under 13's 200 metres and the under 17's triple jump.

Several new members to the team assisted the more experienced athletes to collect the winning number of points and they were **Anna Grundy**, **Alex Rhodes**, **Elliot Kilvington**, **Amy Hill**, **Ed Thomas** and **Matt Hallam**.

New Club Records were set by **Hannah Spruce** in the under 13's 75 metres and high jump, **Lyle MacFarlane** in the under 13's 200 metres, **Alex Rhodes** in the under 13's 1500 metres, **Alex Bell** in the under 15's 400 metres, **Josh Eves** in the under 15's 3000 metres and **Ryan MacFarlane** in the under 17's 200 metres. Unfortunately **Alex Bell** had the misfortune to be disqualified from his 800 metre race after clocking a **Grade 1** (national standard) time of 2.07.9mins, he was deemed to have stepped out of his lane one stride before the break line. Another noteworthy incident came in the under 13's 4x100 metre relay when both girls and boys teams were involved and the Harrogate girls came within a fraction of a second of winning the race outright.

A comprehensive results listing from Scunthorpe follows:-

Under 13's Girls:

75 metres A **Hannah Spruce** 1st 10.8secs PB **Grade 3**, B **Rebecca Turner** 1st 11.5secs **Grade 4**.

150 metres A **Rebecca Turner** 2nd 21.8secs **Grade 3**, B **Anna Grundy** 2nd 22.4secs PB **Grade 4**.

800 metres A **Nicki Gears** 2nd 2.51.9mins PB **Grade 4**, B **Anna Grundy** 2nd 3.06.5mins.

1200 metres A **Katherine Coupland** 1st 4.08.3mins **Grade 2**, B **Caroline Lambert** 1st 4.39.2mins **Grade 4**.

High Jump A **Hannah Spruce** 1st 1.29metres **Club Record Grade 3**, B **Nicki Gears** 1st 1.20metres **Grade 4**.

Long Jump A **Hannah Spruce** 3rd 3.64metres **Grade 4**, B **Katherine Coupland** 1st 3.31metres.

Shot Putt A **Rebecca Turner** 1st 6.38metres PB **Grade 4**, B **Caroline Lambert** 1st 5.46metres PB.

Under 13's Boys:

100 metres A **Lyle MacFarlane** 2nd 14.4secs PB **Grade 4**, B **Ravi Patel** 2nd 15.8secs.

200 metres A **Lyle MacFarlane** 1st 27.6secs PB **Club Record Grade 2**, B **Alex Rhodes** 1st 29.3secs **Grade 4**.

800 metres A **Elliott Kilvington** 2nd 2.41.1mins **Grade 4**, B **Mika Brown** 2nd 2.54.6mins.

1500 metres A **Alex Rhodes** 2nd 5.23.1mins **Club Record**, B **Daniel Coupland** 2nd 6.12.9mins.

Long Jump A **Lyle MacFarlane** 1st 4.03metres **Grade 4**.

High Jump A **Dominic Brown** 3rd 1.05metres.

Shot Putt A **Ravi Patel** 2nd 5.52metres, B **Fraser Birtwistle** 1st 4.69metres.

Under 15's Girls:

100 metres A **Grace Chattaway** 1st 13.7secs **Grade 4**, B **Amy Hill** 1st 15.4secs.

200 metres A **Grace Chattaway** 1st 27.3secs **Grade 3**, B **Amy Hill** 2nd 31.2secs.

300 metres A **Lara Green** 3rd 52.6secs PB, B **Sarah Pritchard** 3rd 55.3secs.

800 metres A **Sarah Pritchard** 3rd 2.52.7mins PB, B **Lara Green** 3rd 2.57.6mins PB.

1500 metres A **Abi Needham** 3rd 6.00mins, B **Georgina Large** 2nd 6.11.1mins PB.

High Jump A **Abi Needham** 4th 1.20metres PB, B **Georgina Large** 2nd 1.15metres.

Long Jump A **Laura Biscombe** 4th 3.27metres.

Shot Putt A **Jade Crooks** 3rd 6.06metres, B **Laura Biscombe** 2nd 5.46metres PB.

Discus A **Jade Crooks** 2nd 15.80metres, B **Laura Biscombe** 1st 13.81metres PB.

Javelin A **Georgina Large** 2nd 13.34metres, B **Jade Crooks** 1st 12.11metres.

Under 15's Boys:

100 metres A **Chris Windle** 4th 13.3secs PB, B **Ed Thomas** 3rd 13.8secs.

200 metres A **Chris Windle** 3rd 26.6secs PB **Grade 4**, B **Ed Thomas** 2nd 28.2secs.

400 metres A **Alex Bell** 56.3secs PB **Club Record Grade 3**, B **Tom Hart** 4th 71.9secs

800 metres A **Tom Hart** 4th 2.48.9mins PB.

1500 metres A **Alex McFarlane** 3rd 5.02.0mins PB, B **Duncan Birtwistle** 1st 5.06.7mins PB.

3000 metres A **Josh Eves** 2nd 11.12.8mins **Club Record**.

High Jump A **Axel Brown** 2nd 1.38metres PB, B **James Pearson** 2nd 1.25metres.

Long Jump A **Alex Bell** 3rd 4.50metres, B **Chris Windle** 3rd 4.45metres.

Shot Putt A **Axel Brown** 3rd 7.27metres PB, B **Tom Hart** 4th 4.84metres PB.

Discus A **Fergus Gray** 4th 17.12metres, B **Tobin Carey-Williams** 1st 16.35metres PB.

Hammer A **Axel Brown** 1st 16.90metres, B **Tobin Carey-Williams** 1st 15.42metres.

Javelin A **Tobin Carey-Williams** 3rd 19.40metres, B **Fergus Gray** 3rd 16.66metres.

Under 17's Girls:

100 metres A **Fran Lyth** 1st 13.7secs, B **Hannah Brown** 1st 14.1secs.

200 metres A **Fran Lyth** 1st 28.7secs, B **Sarah Hickling** 3rd 34.9secs.

800 metres A **Alex Culshaw** 4th 2.55.3mins, B **Sarah Hickling** 1st 3.00.1mins.

300 metre Hurdles A **Sarah Hickling** 4th 65.9secs.

Long Jump A **Hannah Brown** 2nd 4.08metres, B **Fran Lyth** 2nd 3.86metres.

Triple Jump A **Hannah Brown** 1st 9.55metres **Grade 2**.

Shot Putt A **Charlotte Donnelly** 2nd 9.00metres **Grade 4**, B **Alex Culshaw** 2nd 5.94metres.

Discus A **Charlotte Donnelly** 1st 27.08metres **Grade 4**, B **Alex Culshaw** 3rd 16.60metres PB.

Javelin A **Charlotte Donnelly** 3rd 22.45metres.

Under 17's Boys:

100 metres A **Ryan MacFarlane** 3rd 12.8secs, B **Josh Needham** 2nd 16.1secs.

200 metres A **Ryan MacFarlane** 2nd 24.5secs PB **Club Record Grade 4**, B **Adam Pawson** 2nd 28.0secs PB.

400 metres A **Jack Merrell** 3rd 56.9secs, B **Sean Rushton** 1st 58.6secs.

800 metres A **Matt Hallam** 2nd 2.11.7mins **Grade 4**, B **Rob Seymour** 1st 2.28.0mins.

1500 metres A **Matt Hallam** 2nd 4.40.0mins, B **Rob Seymour** 1st 5.05.0mins PB.

3000 metres A **Adam Pawson** 2nd 10.59.2mins, B **Josh Needham** 1st 11.39.3mins PB.

400 metre Hurdles **Sean Rushton** 1st 63.0secs **Grade 4**.

High Jump A **Sean Rushton** 1st 1.47metres, B **Matt Hallam** 1st 1.44metres.

Long Jump A **Tristan Laight** 2nd 4.97metres, B **Jack Merrell** 1st 4.94metres.

Triple Jump A **Tristan Laight** 1st 10.92metres, B **Jack Merrell** 1st 10.65metres PB.

Shot Putt A **Ashley Williams** 2nd 9.99metres, B **Rob Coupland** 2nd 6.09metres PB.

Discus A **Tristan Laight** 3rd 20.99metres, B **Rob Coupland** 2nd 13.50metres.

Hammer A **Ashley Williams** 1st 25.82metres, B **Rob Coupland** 2nd 14.37metres.

Javelin A **Adam Pawson** 2nd 16.89metres.