

HARROGATE HARRIERS
YOUNG ATHLETES TRAINING GROUP NEWS
COUNTY SCHOOLS CHAMPIONSHIPS
26TH JUNE 2005

At this year's **North Yorkshire Schools Athletics Championships** members of the Harrogate Harriers' **Imageco Visual Imaging** sponsored young athletes training group competed for the Harrogate-Skipton Area Schools team.

In the junior girls 200 metres, **Grace Chattaway** managed to win the event for the second consecutive year despite having a muscle strain. **Amy Hill**, a year 8 pupil, placed a creditable seventh in the junior girls (school years 8 and 9) 800 metres against older girls. **Alex Bell** ran virtually on his own from gun to tape when winning the junior boys 800 metres in a PB time of 2.06.3mins, this was a new **County Schools record** for the distance and a **National Grade 1** performance which guaranteed him a place in the North Yorkshire Schools team for next month's English Schools Championships at Alexandra Stadium, Birmingham. Over 200 metres, **Chris Windle** placed 4th in the junior boys' race with a time of 27.1secs.

In the intermediates age group (school years 10 and 11) **Sean Rushton** finished third in the 100 metre hurdles, **Ashley Williams** fourth in the javelin with a PB of 40.80 metres and **John Greenwood** placed fourth in the 400 metres. For the girls **Fran Lyth** was third in the 100 metres, **Charlotte Donnelly** threw exactly 29 metres in the discus, **Hannah Brown** set a PB of 9.72 metres in the triple jump for second place overall and **Henri Carradine** also placed second in the high jump with her best ever jump of 1.53 metres and along with Alex and Ashley this was a **Club Best Performance**.

A week later **Alex**, **Hannah** and **Grace** represented North Yorkshire Schools in a match against Humberside Schools and Nottinghamshire Schools at Grimsby. Both Alex and Grace won their respective events with Alex bettering his 800 metre time by half a second reducing his PB down to 2.05.8 mins. Hannah meanwhile was consistent in this her first County outing finishing fourth in the triple jump.

After all this schools athletics activity the Club is pleased to announce that **Grace Chattaway**, **Alex Bell** and **Charlotte Donnelly** have been invited to compete for North Yorkshire Schools at the English Schools Championships, affectionally known as the "kids Olympics".

Last weekend a team travelled to Cleckheaton for the **third meeting** in the **Pennine Division** of the **National Junior League**. It was a depleted squad badly affected by the meeting coming in the middle of important GCSE exams. Consequently the points score was relatively low although there were some impressive performances members of the squad.

Several personal best marks were set as well as club records. For the women **Charlotte Donnelly** scored highly in the throws especially in the shot putt with a massive 10.21 metre PB. **Sally Hudson** showed her versatility by competing in all the throws and then making her debut in the triple jump and with each effort increasing the distance she jumped; unfortunately the event is restricted to six jumps so she had to finish on a very respectable 9.36 metres. Also in the triple jump **Hannah Brown** put in an impressive series of jumps finishing with a personal best 10.08 metres, her first time over the ten metre barrier. **Brendan Roberts** made a welcome return to the team after an injury forced him out retire very early in the first Junior League meeting racing in the 100 metres, 200 metres, 4x100 relay and 4x400 relay. Creditable performances came from **Ed Clementson** who ran a very fast 400 metres, **Matt Hallam** is getting faster with each race in all the distance events and the club coaches can't understand why he has shied away from track and field for so long. **Tristan Laight** and **Jack Merrell** showed potential in the horizontal jumps and all credit to **Scott Hubbocks** who collected a couple of PB's at the meet.

The full results for Harrogate athletes are as follows:-

Men:

100 metres A **Brendan Roberts** 5th 12.0secs, B **Jack Merrell** 5th 12.8secs.

200 metres A **Brendan Roberts** 7th 25.2secs, B **Adam Pawson** 7th 28.3secs.

400 metres A **Ed Clementson** 1st 51.9secs PB CBP Grade 3, B **Scott Hubbocks** 5th 60.8secs PB.

800 metres A **Ed Clementson** 4th 2.08.8mins, B **Matt Hallam** 3rd 2.11.9mins Grade 4.

1500 metres A **Matt Hallam** 5th 4.33.0mins PB CBP Grade 4, B **Ed Clementson** 3rd 4.49.9mins.

3000 metres A **Rob Seymour** 5th 10.54.4mins, B **Adam Pawson** 2nd 11.27.6mins.

400 metres Hurdles A **Sean Rushton** 4th 69.4secs.

Discus A **Tristan Laight** 6th 19.97metres, B **Scott Hubbocks** 4th 18.56metres.

High Jump A **Sean Rushton** 7th 1.50metres, B **Matt Hallam** 5th 1.50metres PB.

Javelin A **Tristan Laight** 6th 22.80metres.

Long Jump A **Tristan Laight** 5th 5.36metres PB, B **Jack Merrell** 2nd 4.96metres.

Shot **Scott Hubbocks** 6th 7.25metres PB CBP, B **Ed Clementson** 2nd.

Triple Jump A **Jack Merrell** 4th 11.36metres PB, B **Sean Rushton** 3rd 10.61metres.

Women:

100metres A **Hannah Brown** 5th 14.2secs, B **Sarah Shaw** 4th 15.7secs.

1500metres A **Alex Culshaw** 6th 6.00.9mins.

Discus A **Charlotte Donnelly** 1st 28.67metres Grade 3, B **Sally Hudson** 1st 21.66metres PB.

Hammer A **Sally Hudson** 3rd 17.72metres.

Javelin A **Charlotte Donnelly** 3rd 26.66metres Grade 4.

Long Jump A **Hannah Brown** 3rd 4.36metres, B **Sarah Shaw** 4th 3.16metres PB.

Shot A **Charlotte Donnelly** 1st 10.21metres PB CBP Grade 2, B **Sally Hudson** 3rd 7.61metres.

Triple Jump A **Hannah Brown** 1st 10.08metres PB Grade 2, B **Sally Hudson** 1st 9.36metres.