

# HARROGATE HARRIERS

## YOUNG ATHLETES LEAGUE REPORT

### 19<sup>TH</sup> AUGUST 2005

In their fifth and **final Young Athletes League meeting** of the season at Barnsley's Dorothy Hyman Stadium the Harrogate Harriers team, kindly sponsored by **Imageco Visual Imaging**, accumulated a **match winning total** of 400 points to place them second in the sixteen team Division One East. This was the teams **fourth successive win** and when added to the second place from the first meeting of the season at Jarrow gave them 19 match points one behind divisional winners Morpeth Harriers, although on total points scored over the five meetings Harrogate collected 1875 to Morpeth's 1775. Only the top two teams are **promoted to the Northern Premier Division** with a further two coming from Division One West replacing four relegated teams from the Premier which this season unfortunately include West Yorkshire's Wakefield Harriers and Spenborough A.C.

This is quite an incredible achievement for the Harrogate Harriers team which was formed only three seasons ago and shows what young talent there is in the District. Sixty seven athletes averaging forty five per meeting represented the club, their commitment to the team was crucial to the success as was that of **boys team manager, Carolyn Rothwell**, and **girls team manager, Mandy Coupland**. With all meetings "away" fixtures (there being only one public track in the County) the logistics of organising upwards of fifty athletes and officials was overcome with the help of parents and coaches. The team competed at Jarrow, Scunthorpe, Chester-le-Street, Darlington and Barnsley, next season they could be travelling to Manchester, Liverpool, Gateshead, Blackpool or Derby, anywhere in the North of England in fact.

At Barnsley there were thirty three graded performances set by the young athletes and also a host of personal bests. The **under 13's girls** squad were in good form, as they have been all season, winning eight events. **Hannah Spruce** recorded a Grade One time of 10.2secs over 75 metres giving her a PB and Club Best mark. A determined **Katherine Coupland** was chasing a Grade One time in the 1200 metres but had to settle for a Grade Two missing out by a mere two seconds. New member **Derrian Bradder** supported the more experienced girls winning the B string sprints and getting a second place in the shot. On good form for the **under 13's boys** were **Lyle MacFarlane** and **Mika Brown** who set PB's and Club Best marks in the 100 metres and 75 metres hurdles respectively.

In the absence of Grace Chattaway, **Sarah Pritchard** and **Hannah Grayson** in the **under 15's girls** squad **Olivia Shackley-Charles** and **Rebecca Gilmour** made their debuts and added to the points total. The throws group did extremely well with three firsts and three seconds between the four athletes concerned. **Under 15 boy Tom Hart** ended his Young Athletes campaign with three PB's; he has represented the club at all five meetings and is a valued member of the group. **Phil Barry** excelled in the 80 metres hurdles winning with a Grade 3 time and new PB, **Alex Bell** also had a successful afternoon getting grades in all three of his chosen events.

The **under 17's girls** picked up a host of points between them especially **Charlotte Donnelly** in the throws with good support from **Sarah Shaw**. **Hannah Brown** continues to excel in the horizontal jumps and combines well with **Fran Lyth** and **Kirsty Atkinson** in the sprints. From 100 metres through to 1500 metres the under 17's boys placed first in seven out of a possible ten "A" and "B" string races as well as winning both strings in the 1500 metres steeplechase. In fact they recorded 19 first places, 6 seconds and a third in the events they contested which brought in a handy 96 points and they also won both relay races to add on another 8 points!

A comprehensive results listing from Barnsley follows:-

**Under 13's Girls:**

75 metres A Hannah Spruce 1<sup>st</sup> 10.2secs PB CBP Grade 1, B Derrian Bradder 1<sup>st</sup> 11.5secs Grade 4.

150 metres A Caroline Lambert 3<sup>rd</sup> 22.2secs Grade 4, B Derrian Bradder 1<sup>st</sup> 23.3secs.

800 metres A Hannah Spruce 3<sup>rd</sup> 2.47.5mins Grade 3.

1200 metres A Katherine Coupland 1<sup>st</sup> 4.04.6mins PB CBP Grade 2, B Caroline Lambert 1<sup>st</sup> 4.23.8mins Grade 3.

70 metres Hurdles A Caroline Lambert 2<sup>nd</sup> 14.1secs Grade 4, B Katherine Coupland 1<sup>st</sup> 14.1secs Grade 4.

High Jump A Hannah Spruce 2<sup>nd</sup> 1.30metres Grade 3, B Nicki Gears 1<sup>st</sup> 1.15metres.

Long Jump A Nicki Gears 2<sup>nd</sup> 3.81metres PB Grade 4, B Katherine Coupland 1<sup>st</sup> 3.74metres Grade 4.

Shot Putt A Nicki Gears 2<sup>nd</sup> 5.53metres Grade 4, B Derrian Bradder 2<sup>nd</sup> 5.03metres.

**Under 13's Boys:**

100 metres A Lyle MacFarlane 1<sup>st</sup> 13.5secs PB CBP Grade 3, B Elliott Kilvington 3<sup>rd</sup> 15.7secs.

200 metres A Alex Rhodes 3<sup>rd</sup> 29.8secs Grade 4, B Mika Brown 1<sup>st</sup> 33.1secs.

800 metres A Elliott Kilvington 3<sup>rd</sup> 2.46.3mins Grade 4, B Keiran McFarlane 2<sup>nd</sup> 2.57.0mins.

1500 metres A Dan Coupland 1<sup>st</sup> 5.28.6mins.

75 metres Hurdles A Mika Brown 3<sup>rd</sup> 16.7secs PB CBP, B Ravi Patel 2<sup>nd</sup> 17.7secs.

Long Jump A Lyle MacFarlane 1<sup>st</sup> 4.48metres Grade 2, B Alex Rhodes 1<sup>st</sup> 4.08metres Grade 4.

High Jump A Lyle MacFarlane 2<sup>nd</sup> 1.35metres Grade 3 PB CBP Grade 3.

Shot Putt A Dan Coupland 2<sup>nd</sup> 6.18metres PB Grade 4, B Ravi Patel 1<sup>st</sup> 5.83metres.

**Under 15's Girls:**

100 metres A Amy Hill 4<sup>th</sup> 15.0secs, B Olivia Shackley-Charles 2<sup>nd</sup> 15.3secs.

200 metres A Amy Hill 3<sup>rd</sup> 31.1secs PB, B Olivia Shackley-Charles 2<sup>nd</sup> 32.0secs.

300 metres A Lara Green 2<sup>nd</sup> 53.0secs, B Rebecca Gilmour 2<sup>nd</sup> 58.1secs.

800 metres A Lara Green 3<sup>rd</sup> 2.47.3mins PB, B Rebecca Gilmour 3<sup>rd</sup> 3.16.8mins.

1500 metres A Abigail Needham 1<sup>st</sup> 5.55.9mins PB, B Georgina Large 6.01.0mins PB.

75 metres Hurdles Georgina Large 4<sup>th</sup> 17.0secs PB, B Lara Green 2<sup>nd</sup> 18.4secs.

High Jump A Abi Needham 3<sup>rd</sup> 1.15metres.

Long Jump A Laura Biscombe 2<sup>nd</sup> 3.56metres PB, B Jade Crooks 2<sup>nd</sup> 3.50metres.

Shot Putt A Jade Crooks 2<sup>nd</sup> 6.27metres, B Laura Biscombe 1<sup>st</sup> 6.19metres PB.

Discus A Jade Crooks 2<sup>nd</sup> 17.77metres PB, B Laura Biscombe 1<sup>st</sup> 16.75metres PB.

Javelin A Georgina Large 1<sup>st</sup> 16.57metres PB, B Olivia Shackley-Charles 1<sup>st</sup> 15.20metres.

### **Under 15's Boys:**

100 metres A Phil Barry 3<sup>rd</sup> 14.5secs, B Tom Hart 3<sup>rd</sup> 15.3secs PB.

200 metres A Ed Thomas 3<sup>rd</sup> 27.5secs, B Alex McFarlane 2<sup>nd</sup> 32.3secs.

400 metres A Alex Bell 3<sup>rd</sup> 56.5secs Grade 3, B Tom Hart 2<sup>nd</sup> 67.9secs PB.

800 metres A Alex Bell 2<sup>nd</sup> 2.10.7mins Grade 2.

80 metres Hurdles A Phil Barry 1<sup>st</sup> 13.3secs PB Grade 3, B Ed Thomas 1<sup>st</sup> 16.5secs.

High Jump A Ed Thomas 2<sup>nd</sup> 1.43metres, B Axel Brown 2<sup>nd</sup> 1.40metres.

Long Jump A Alex Bell 2<sup>nd</sup> 4.94metres PB Grade 4, B Phil Barry 2<sup>nd</sup> 3.79metres PB.

Shot Putt A Axel Brown 3<sup>rd</sup> 7.96metres PB, B Tom Hart 3<sup>rd</sup> 5.51metres PB.

Discus A Tobin Carey-Williams 3<sup>rd</sup> 16.59metres.

Hammer A Tobin Carey-Williams 2<sup>nd</sup> 15.37metres, B Axel Brown 2<sup>nd</sup> 14.18metres.

### **Under 17's Girls:**

100 metres A Hannah Brown 3<sup>rd</sup> 13.7secs, B Kirsty Atkinson 2<sup>nd</sup> 14.5secs.

200 metres A Fran Lyth 3<sup>rd</sup> 27.8secs, B Kirsty Atkinson 1<sup>st</sup> 29.8secs.

300 metres A Fran Lyth 1<sup>st</sup> 44.7secs PB Grade 4, B Kirsty Atkinson 1<sup>st</sup> 47.6secs PB.

800 metres A Sarah Hickling 1<sup>st</sup> 2.57.3mins.

1500 metres A Sarah Hickling 1<sup>st</sup> 6.06.1mins.

300 metres Hurdles A Sarah Hickling 2<sup>nd</sup> 65.2secs.

High Jump A Sarah Shaw 2<sup>nd</sup> 1.25metres.

Long Jump A Hannah Brown 3<sup>rd</sup> 4.56metres Grade 4, B Fran Lyth 2<sup>nd</sup> 3.66metres.

Triple Jump A Hannah Brown 2<sup>nd</sup> 9.84metres Grade 2.

Shot Putt A Charlotte Donnelly 1<sup>st</sup> 9.97metres Grade 3, B Sarah Shaw 2<sup>nd</sup> 4.57metres.

Discus A Charlotte Donnelly 2<sup>nd</sup> 26.44metres Grade 4.

Javelin A Charlotte Donnelly 2<sup>nd</sup> 24.90metres Grade 4, B Sarah Shaw 2<sup>nd</sup> 8.12metres.

### **Under 17's Boys:**

100 metres A Ryan MacFarlane 1<sup>st</sup> 11.8secs Grade 3, B John Greenwood 1<sup>st</sup> 12.3secs.

200 metres A Ryan MacFarlane 1<sup>st</sup> 24.0secs Grade 4, B John Greenwood 1<sup>st</sup> 24.6secs PB Grade 4.

400 metres A Chris Raske 2<sup>nd</sup> 61.1secs, B Rob Seymour 1<sup>st</sup> 69.0secs.

800 metres A Rob Seymour 3<sup>rd</sup> 2.24.9mins, B Josh Needham 2<sup>nd</sup> 2.42.9mins.

1500 metres A Chris Raske 1<sup>st</sup> 4.48.7mins, B Josh Needham 1<sup>st</sup> 5.19.4mins.

100 metres Hurdles A Sean Rushton 1<sup>st</sup> 16.3secs.

400 metres Hurdles Sean Rushton 1<sup>st</sup> 62.9secs Grade 4.

1500 metres Steeplechase A Rob Seymour 1<sup>st</sup> 5.16.6mins PB CBP, B Chris Raske 1<sup>st</sup> 5.31.7mins.

Long Jump A Ryan MacFarlane 1<sup>st</sup> 5.49metres, B John Greenwood 1<sup>st</sup> 4.73metres.

Triple Jump A Sean Rushton 1<sup>st</sup> 11.03metres, B Ashley Williams 1<sup>st</sup> 10.06metres.

Shot Putt A Ashley Williams 1<sup>st</sup> 10.0metres, B Rob Coupland 2<sup>nd</sup> 5.67metres.

Discus A Tom Miller 2<sup>nd</sup> 21.06metres, B Rob Coupland 1<sup>st</sup> 15.10metres PB.

Hammer A Ashley Williams 1<sup>st</sup> 26.76metres, B Tom Miller 1<sup>st</sup> 21.30metres PB.

Javelin A Tom Miller 2<sup>nd</sup> 21.92metres, B Rob Coupland 2<sup>nd</sup> 19.93metres.