

HARROGATE HARRIERS COVID-19 GUIDELINES

Thank you for your continued patience at this difficult time as we resume athletics training sessions in a careful manner in keeping with Government and England Athletics guidance. In order to proceed safely, we need to notify you of the following essential requirements of all athletes, parents, volunteers and coaches.

1. In keeping with guidance we are limiting athlete numbers. Athletes should only come to training if they have a pre-booked place and they are Covid symptom free. *Please do cancel early in order to allow another child to be offered the place.* Coaches will keep a register of attendance to comply with Track and Trace procedures. If anyone in the household has symptoms (or the family is being quarantined) then the athlete should not attend. (Athletes may be turned away if they have not pre-booked.)
2. Training sessions will be outdoors wherever possible so please wear suitable clothing.
3. Children must use their own toilet at home, wash their hands and bring their own water bottle (Guidance advises that we limit access to facility toilets and vending machines.)
4. We have a new protocol for drop off/collection: parents are being asked to stay outside and socially distance. Parents of new, vulnerable or young children are welcome to watch the session, however, they must wear a mask. If you must enter a facility, please do sparingly and ensure you wear a mask. It is not advisable for athletes to wear a mask when exercising, however, they may choose to wear one while they are waiting in a group before/after the session.
5. First Aid will be provided by trained Facility staff who are provided with the appropriate PPE.
6. The equipment will be sanitized by the facility staff before/after the session and children will use the hand sanitizer provided during the session. If your child cannot use the provided sanitizer for medical reasons, please inform the staff by email in advance and we would ask that your child brings their own.
7. All children are expected to listen and follow instructions, if your child has difficulty with this then your child will be asked to sit out and may be asked not to return for the safety of all concerned.

It is essential that we minimise the risk of Covid transmission. Please ensure that your child is fully aware of these Covid safety measures. We will be changing our practise in keeping with changing national guidance, for more info please see <https://d192th1lqal2xm.cloudfront.net/2020/07/EA-return-guidance-health-and-safety-v4b.pdf>. I would like to thank all our volunteers for their flexibility, dedication during this difficult time and welcome any offers of assistance from parents.

Karen Zuzarte Club Welfare Officer