

JULY 5TH

**HARROGATE
TOWN CENTRE**

10K



Harrogate Harriers & A.C.
present the

HARROGATE TOWN CENTRE 10k



Sunday 5th July 2015 at 10.30am

*In memory of one of our founding members, Ken Fozard,
this race will be supporting Bowel Cancer UK*

Chip Timing • Full Race Commentary – Great Atmosphere
Gift to all Finishers • Vet Category Prizes
First Male & Female Teams (3 to count)

£200 Cash Prize for First Man & First Lady
£100 Cash for New Course Records

Course Record: *Matthew Hynes (North York Moors) 30.45*
Charlene Thomas (Wakefield Harriers) 34.48



ENTRY FEES: £13.00 Athletic Club Members
£15.00 Unattached
Entries on the Day: £2.00 extra

ENTRIES TO: Race Secretary, 17 Stonecrop Avenue
Killinghall, Harrogate HG3 2WS

Cheques payable to: HARROGATE HARRIERS & AC
Collect race number & chip from race HQ
on Crescent Gardens HG1 2SG on the day
Closing date for postal entries is 29th June 2015



ENTER ONLINE: www.harrogate-harriers.co.uk
Follow us at [Facebook.com/towncentre10k](https://www.facebook.com/towncentre10k)



PLEASE COMPLETE IN BLOCK LETTERS

I wish to enter the Harrogate Town Centre 10K, and hereby declare that I am an amateur as defined by the U.K.A. laws and I certify that I agree that the organisers cannot be held responsible for any loss of property, injury or illness incurred to my person during or as a result of my participating in the race referred to on this entry form. I understand my entry details may be stored in the entry computer.

Surname Forename

Email

Address

.....

..... Postcode

Phone Male/Female

Date of Birth Age on Race Day Estimated Time

EAA Registration Number & Name of UKA Affiliated Club

Entry Fee £ Optional Donation to Bowel Cancer UK £ Total £

Signed Date

(Signature of Parent or Guardian if aged under 17, minimum age 15 on 5th July 2015)